

Vishnu^ॐ Bhavan

— Serving Since 1968 —

**VEGETARIAN
FROZEN
FOODS**



www.vishnubhavan.com



Vishnu Namboothiri

FOUNDER CHAIRMAN

(FOUNDER, BRAHMIN'S FOODS)

1956 - 2023

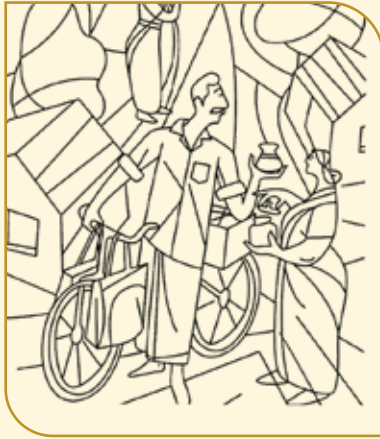
OUR GUARDIAN
LIGHT

To preserve the soulful flavours of South Indian vegetarian cuisine

by bringing authentic,
home-style dishes to every table, locally
and globally, through trusted, convenient,
and high-quality FROZEN FOOD



OUR HISTORY



1968

Shri Vishnu Namboothiri lays the foundation for the Vishnu Namboothiri group

Starting small
homemade delicacies are distributed by bicycle

The Business expands to scooters, delivery van ,and multiple production unit

Shri Vishnu Namboothiri's Visionary leadership bring national and global recognition to Brahmins Foods

2023

Wipro Enterprises acquires the Brahmins Brand, but the group continues as the exclusive contract manufacturer

1987

Brahmins Food comes to life in Thodupuzha, Kerala

Word soon spreads, and the demand grows

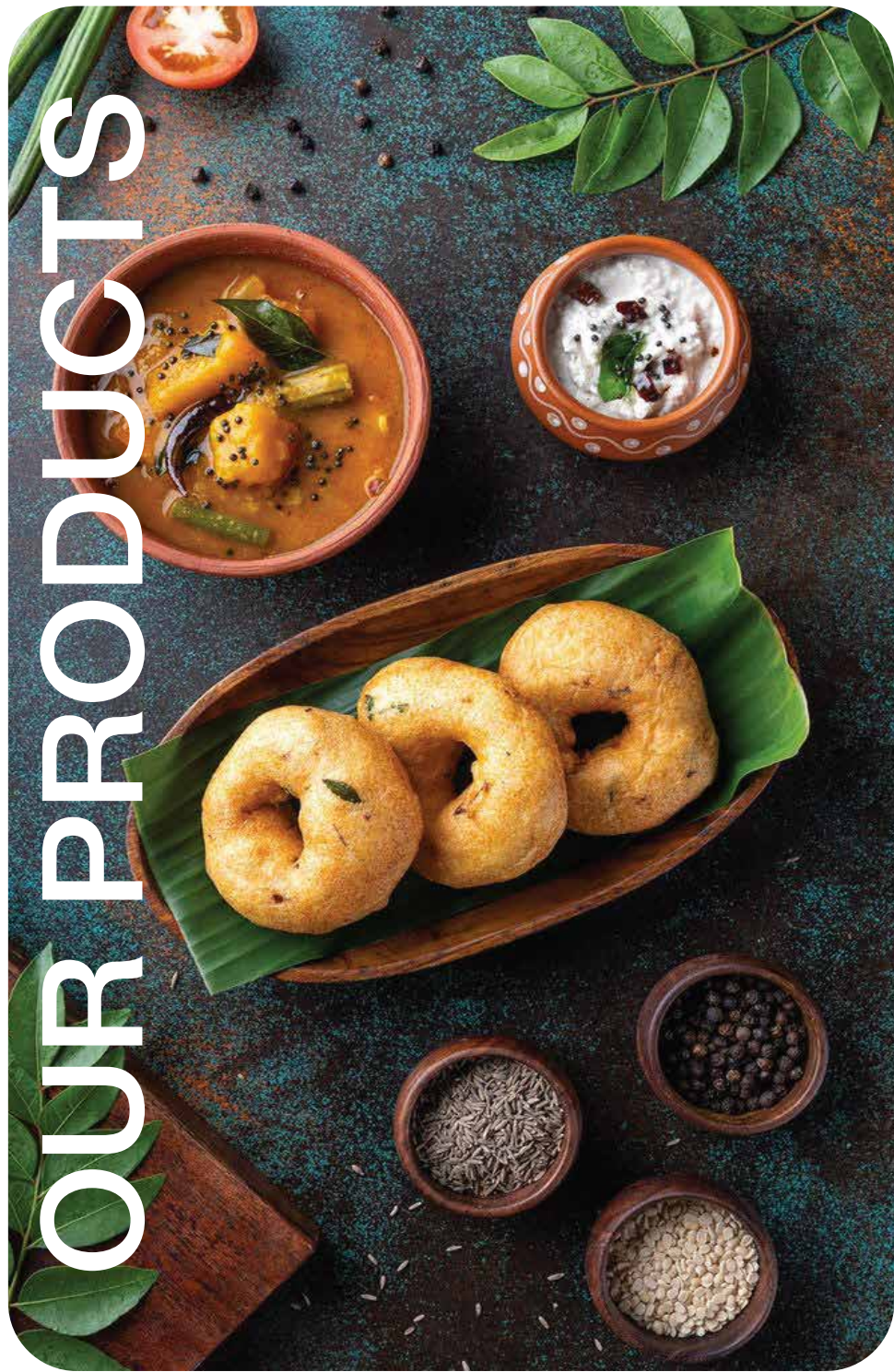
The small operation grows into a market leader in the vegetarian food sector

His commitment to quality is embodied in its motto "A Vegetarian promise"

2024

'Vishnu Bhavan' is Re-born with the promise to deliver beloved south Indian recipes in frozen food form across international markets

OUR PRODUCTS



OUR PRODUCT RANGE



FROZEN MEALS

Idli with Sambar
Idli Restaurant Pack
Puttu with Kadala
Idiyappam and Veg Stew
Palappam
Masala Dosa
Coffee House Masala Dosa
Podi Idli
Tattu Dosa with Sambar
Set Dosa with Sagu
Idiyappam Brown
Idiyappam White
Kallappam



FROZEN SNACKS

Medu Vada
Kozhukatta
Ullivada
Sughiyan
Elayada Jaggery
Steamed Banana
Banana Fry
Dal Vada
Vattayappam
Vegetable Puffs
Kerala Samosa
Unniyappam
Neyyappam
Punjabi Samosa
Hyderabadi Onion-Samosa
Onion Bhajiya
Desi Spring Roll



FROZEN VEGETABLES

Drumstick
Red Bady Onions
Avial Vegetable Mix
Gooseberry
Sambar Vegetable Mix
Ivy Gourd
Long Beans
Okra
White Gourd
Green Banana
Green Chilly



FROZEN BREADS

Restaurant Porotta	Coin Porotta
Malabar Porotta	Aloo Paratha
Whole Wheat Porotta	Mix Veg Paratha
Nool Porotta	Chapathi



FROZEN TAPIOCA / COCONUT

Sliced Coconut
Grated Coconut
Sliced Tapioca
Drumcut Tapioca



FROZEN CURRIES

Avial Curry	Kadala Curry
Cheera Thoran	Koorkka Mezhukkupuratty
Sambar Curry	Payar Mezhukkupuratty
Vanpayar Thoran	Payar Thoran
Kalan Curry	Vazhachund Thoran
Angamali Mango Curry	Chena Mezhukkupuratty
Idinchakka Thoran	
Vegetable Stew	



FROZEN JACK FRUIT VARIETIES

Chakka Varattiyathu
Elayada Jackfruit
Kumbilappam
Jack fruit Ripe
Raw Jackfruit Sliced



FROZEN SWEETS & DESERTS

Adapratham
Kadumpayasam

FROZEN MEALS





PUTTU WITH KADALA CURRY

(Steamed Rice Cake with Curry)

A beloved Kerala breakfast made with soft steamed rice flour cylinders and a robust black chickpea curry simmered in coconut gravy. A wholesome, ready-to-enjoy meal bursting with authentic flavor.

IDLI WITH SAMBAR

(Steamed Rice Cake with
Spicy Lentil Curry)

Indulge in the authentic flavors of south india with our frozen idli with sambar. made with traditional ingredients and spices, our idlis are soft and fluffy, perfect for soaking up the rich and flavourful sambar



IDIYAPPAM WITH VEG. STEW

(String Hoppers with
Mixed Vegetable Curry)

Savor the delicate charm of our Frozen Idiyappam with Veg Stew, featuring soft, lace-like string hoppers paired with a mildly spiced coconut milk-based vegetable stew. A soulful, Kerala-style meal that's light, nourishing, and effortlessly delicious.



FROZEN MEALS





THATTU DOSA WITH SAMBAR

**(Rice Flour Crepes with
Spicy Lentil Curry)**

Enjoy the street-style flavor of our Frozen Thattudosa with Sambar, featuring soft, thick dosas paired with a rich, aromatic sambar made from lentils and spices. A filling South Indian combo that brings the taste of a Kerala thattukada right to your plate.

MASALA DOSA

**(Rice Flour Crepes
with Vegetable Filling)**

Indulge in the crispy delight of our Frozen Masala Dosa, a golden, paper-thin crepe filled with a spiced potato masala and served with a side of chutneys and sambar. A classic South Indian favorite, now ready in minutes for a satisfying meal anytime.



IDIYAPPAM BROWN

(String Hoppers - Brown)

Enjoy the nourishing goodness of our Frozen Brown Idiyappam, made with hand-pressed red rice flour and steamed to soft perfection. Rich in fiber and flavor, it's a healthy twist on a traditional favorite, Ideal with stew, curry, or just a touch of coconut and sugar.

FROZEN BREADS





MALABAR POROTTA (Layered Flat Bread)

Malabar Parotta is a layered Indian flatbread made from Refined Wheat Flour. It is soft, flakey, and layered. Our 100% vegan fully cooked frozen Malabar Porotta is prepared in 100% vegetarian kitchen.

NOOL POROTTA (Layered String Flat Bread)

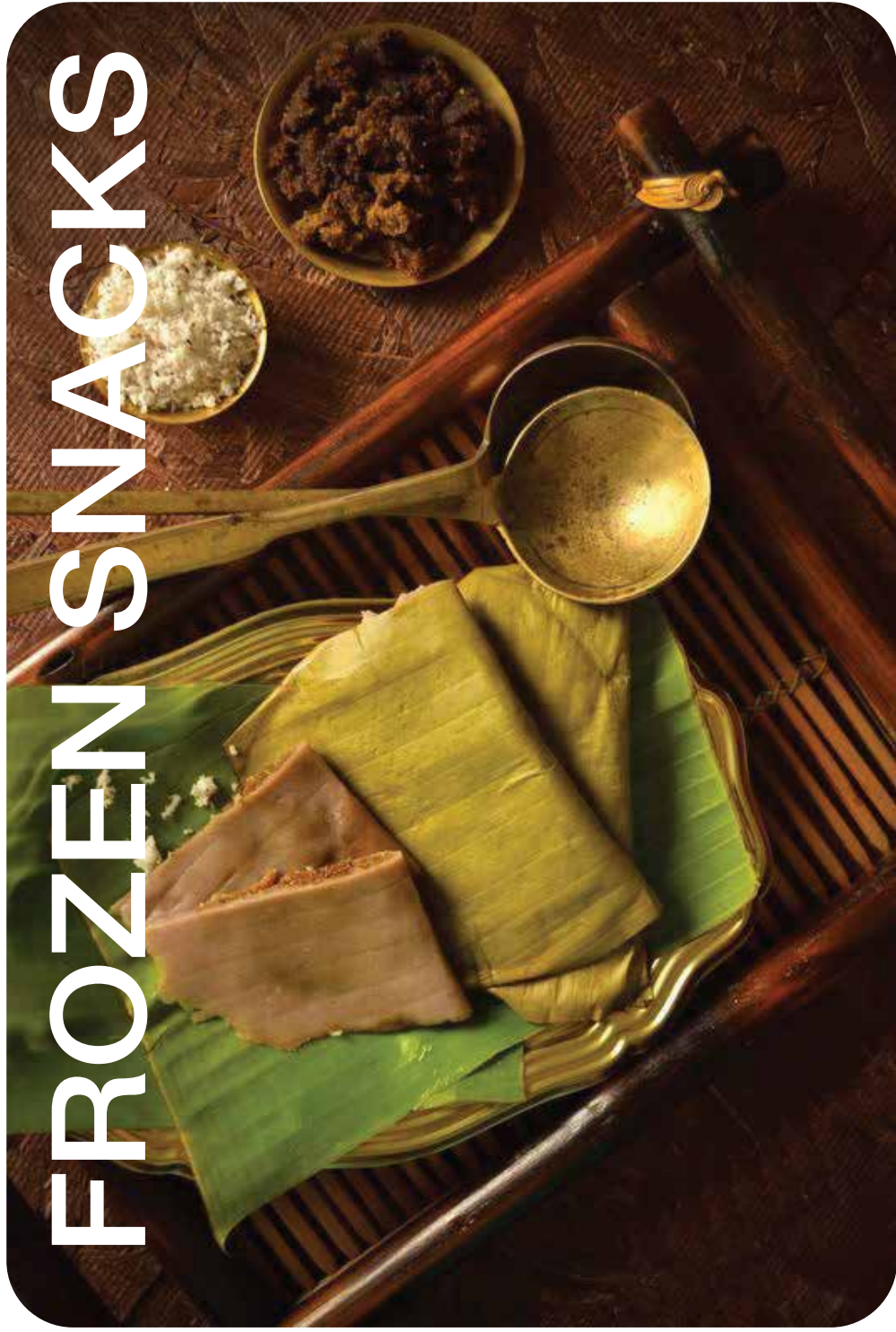
Malabar Parotta is a layered String Indian flatbread made from Refined Wheat Flour. It is soft, flakey, and layered String form. Our 100% vegan fully cooked frozen Malabar Porotta is prepared in 100% vegetarian kitchen.



ALOO PARATHA

The delectable frozen Aloo Paratha is stuffed with rice, homely goodness of potatoes, and finished with onions, green chilies & freshly picked coriander leaves. Our 100% vegan ready-to-eat Aloo Paratha is prepared in 100% vegetarian kitchen.

FROZEN SNACKS





MEDU VADA

(Fried Lentil Doughnut)

Medu Vada are made from urad dal (black lentils), spices, and curry leaves. They are crunchy on the outside and spongy on the inside, and are often part of a South Indian breakfast.

ELAYADA

(Steamed Rice Pancake with Jackfruit)

Relish the sweet tradition of our Frozen Elayada, a steamed rice flour delicacy filled with jaggery and coconut, gently wrapped in aromatic banana leaves. Soft, fragrant, and soulfully authentic. It's a taste of Kerala's timeless culinary heritage.



UNNIYAPPAM

(Sweetened Rice Fitters)

A beloved Kerala snack made with rice flour, ripe bananas, jaggery, and a touch of cardamom, deep-fried to golden perfection. Our Frozen Unniyappam captures the nostalgic flavor of home—soft inside, crisp outside, and ready in minutes.



FROZEN SNACKS





BANANA FRY

(Fried Banana Fritters)

Introducing Crunchy Delights Frozen Banana Fritters from the heart of India! Enjoy a tantalizing blend of sweetness and crunch with every bite. Our carefully selected bananas are sliced and lightly seasoned to preserve their natural goodness and flavor. Perfect as a wholesome snack or a delightful addition to desserts, Crunchy Delights Frozen Banana Fries are your go-to choice for a healthy indulgence. Taste the freshness in every crispy slice.

KUMBILAPPAM

(Jackfruit Dumplings)

Frozen Kumbilappam, a traditional South Indian sweet snack made with ripe jackfruits, jaggery, and rice flour, all wrapped in aromatic bay leaves and steamed to perfection. Our Frozen Kumbilappam is a convenient and tasty treat that can be enjoyed at any time.



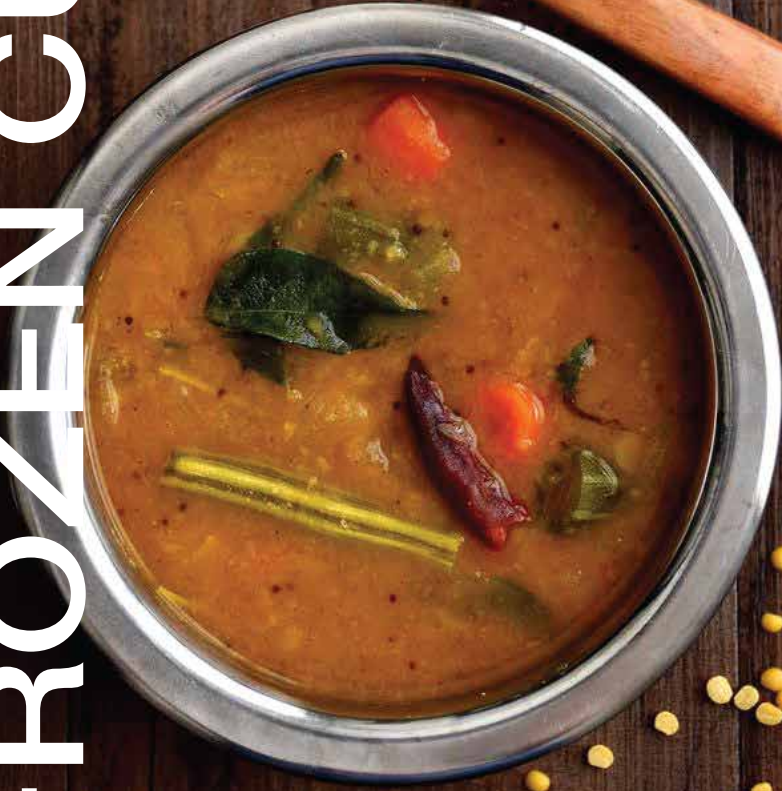
ULLIVADA

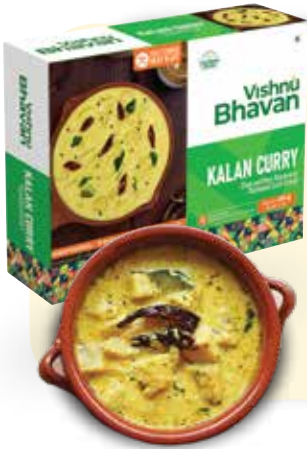
(Onion Fritters)

Ullivada, a classic South Indian snack made with finely sliced onions, curry leaves, and traditional spices. Perfectly golden and crunchy, it's a delicious companion to your evening tea or a quick, flavorful bite anytime.



FROZEN CURRY





KALAN CURRY

(Yam and Raw Plantain in Thickened Curd based Gravy)

Relish the rich, tangy taste of our Frozen Kalan Curry, a traditional Kerala delicacy made with yogurt, tender yam, and simmered in a spiced coconut gravy. This comforting dish is a must-have on every Sadhya spread. Now ready in minutes, just heat and serve.

SAMBAR CURRY

(Lentil Based Curry With Mixed Vegetables and Spices)

Made with a blend of lentils, vegetables, and aromatic spices, Frozen Sambar Curry is a delicious and convenient option for those craving authentic South Indian flavours at home.



AVIAL CURRY

(Kerala Mixed Vegetable Gravy)

Made with a blend of fresh vegetables, coconut, and aromatic spices, this traditional dish is a perfect addition to your meal. Simply heat and serve, for a delicious and convenient dining experience. Enjoy the rich and creamy texture of Avial Curry without the hassle of preparing it from scratch.

FROZEN CURRY





VAZHACHUNDU THORAN

(Sauteed Banana Flower)

Experience the wholesome taste of our Frozen Vazhachundu Thoran, made from finely chopped banana flowers stir-fried with grated coconut, curry leaves, and traditional spices. A nourishing, home-style Kerala dish that brings back the essence of a true village kitchen.

PAYAR MEZHUKKUPURATTI

(Sauteed Long Beans)

Enjoy the rustic charm of our Frozen Payaru Mezhukkupuratti, a simple yet flavorful stir-fry of green gram tossed in coconut oil with garlic, shallots, and mild spices. A soulful side dish that pairs beautifully with rice or kanji.



IDICHAKKA THORAN

(Sauteed Tender Jackfruit)

Delight in the earthy goodness of our Frozen Idichakka Thoran, made with tender baby jackfruit, grated coconut, and a blend of traditional Kerala spices. Lightly stir-fried to perfection, it brings a taste of nostalgia to every meal.

OUR PROCESS





OUR PRESENCE

● PRESENT

● FUTURE





**Vishnu
Bhavan**
— Serving Since 1968 —

Join The Vishnu Namboothiri Group



On our journey toward a healthier and tastier tomorrow—rooted in rich heritage, industry leadership, and an unwavering commitment to quality, purity, and vegetarianism.



Vishnu
Namboothiri
— GROUP —
Sustaining Trust Since 1968

Vishnu Namboothiri Group

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